



Tips from the Holden Beach Teaching Pros;

Remember to always finish your swing, “Belly Button to the target” “Get your toe dirty”. What ever thought gets your *mind into gear* to get your body turning to the target, USE IT!

Relax your mind and clear your head of all thoughts before you swing. Take your practice swing behind the ball while focusing on the target. Then step up to the ball and give your mind little chance to think. **JUST SWING!** Once the swing is completed stay in your stance until the ball finishes rolling. Now concentrate on where your weight is. Your weight should be on the outside of your left (for right handed players) foot. For left handed players on the outside of your right foot. Teach your body balance, this can only be done at the end of your swing. Close your eyes and see yourself, if it was good, praise yourself!!

Above all remember;

“it’s not how good you play, it’s how good you are to play with”

Practice makes the game more enjoyable;
See you at HB Driving Range & Golf School.

Blessings & Hugs, Rj